

# Book Review:

## The Spirit of Clovelly Park

Claudette White, PhD

I welcome the opportunity to congratulate the author on an exceptionally well-written and interesting book. Frances Coke opens our eyes on how important it is to be totally immersed and selfless in life's journey to experience personal fulfillment, which ultimately shapes our lives and those we serve, as she did in teaching. The Kingston College school spirit is undeniable, but to learn about this same passion from a teacher's perspective is palpable. A must-read for educators and non-educators to understand that care and passion go hand in hand!

Frances Coke writes beautifully with great depth and sparkle. Her story is about mastery, impact, enthusiasm and connection. I particularly like the simple, yet effective language...and that the author speaks her truth as she journeys.

Frances Coke deserves your attention. She demonstrates to readers that when you are truly passionate about something, it can help lives to unfold with gusto. May this book be an inspiration to all who read.